

Gippsland Cancer Survivorship Program

Victorian Cancer Survivorship Program:
Phase II Grants Scheme

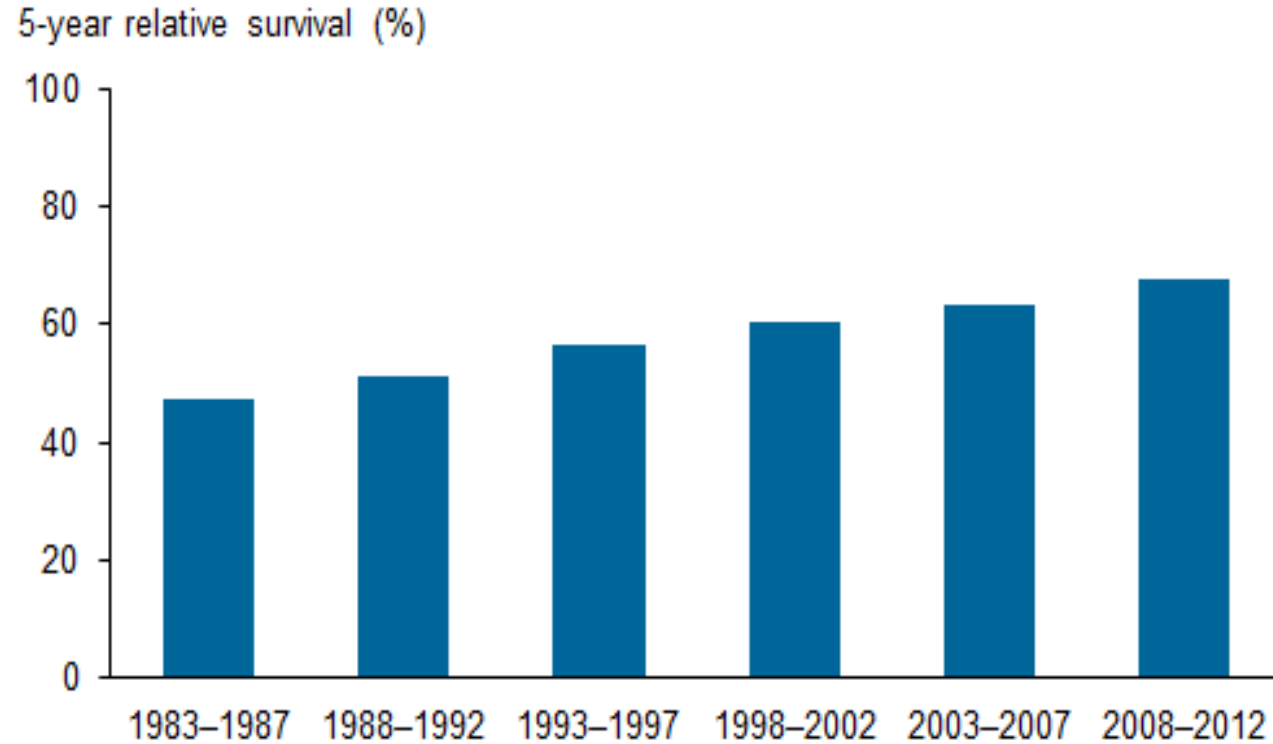


Definition

- An individual is considered a cancer survivor from the time of cancer diagnosis through the balance of his or her life.
- Family members, friends, and caregivers are also impacted by the survivorship experience and are therefore included in this definition.

Cancer trends - Australia

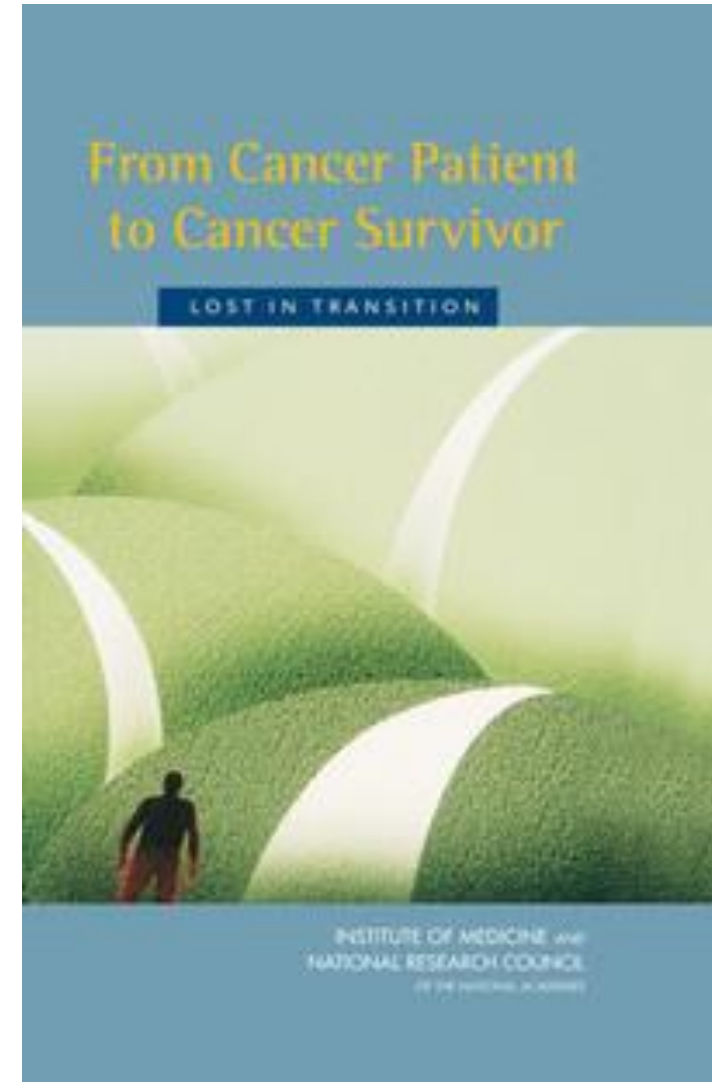
5-year relative survival from all cancers combined, 1983–1987 to 2008–2012



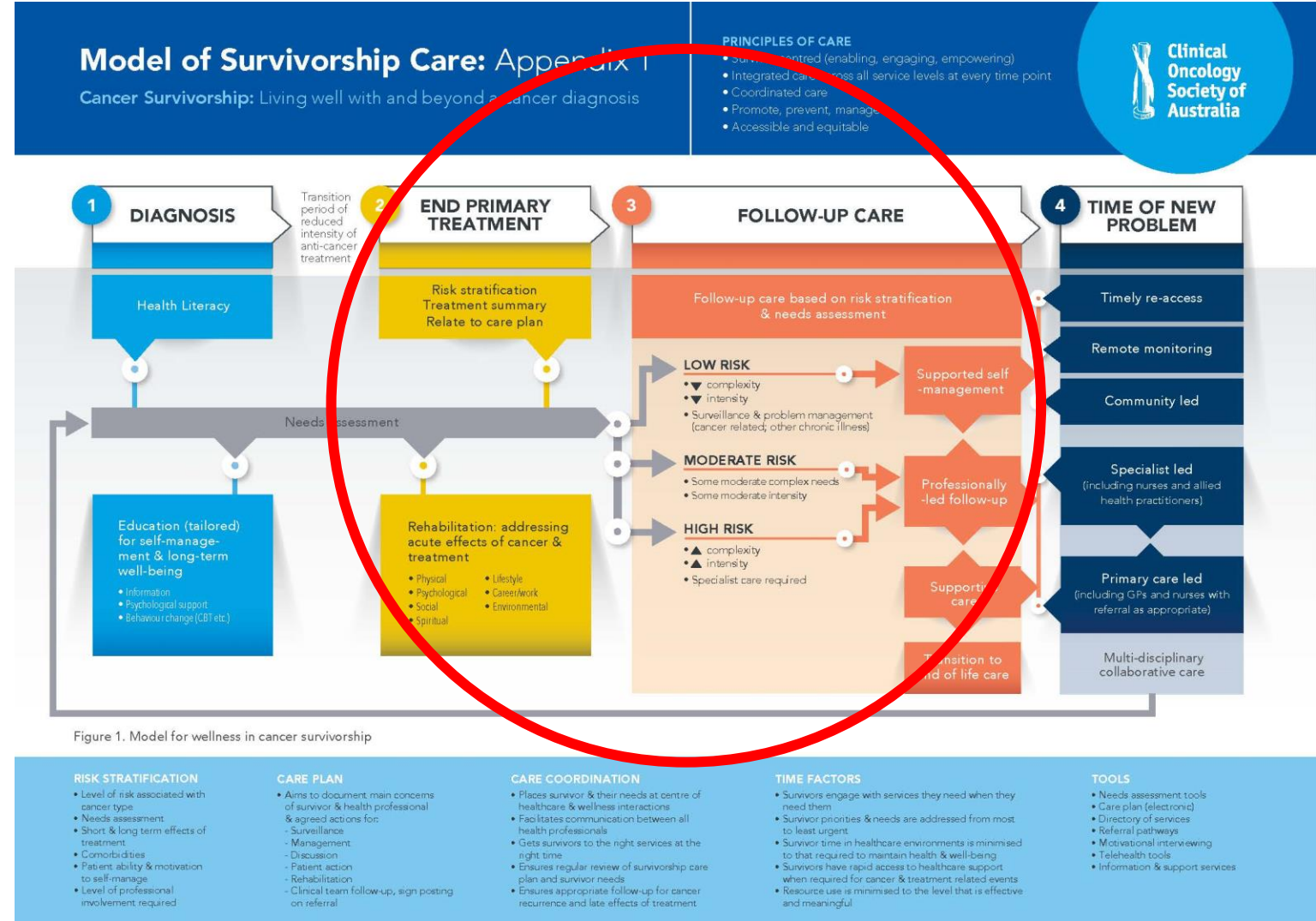
By 2010 - **905,987 people living** who had been diagnosed with cancer (1982 to 2010).

Seminal report

- IOM & National Research Council in US (2006)
- Implementing self-management skills training
- Developing and using survivorship care plans (SCPs)
- Adopting alternative models of care.



Australia policy



<p>RISK STRATIFICATION</p> <ul style="list-style-type: none"> Level of risk associated with cancer type Needs assessment Short & long term effects of treatment Comorbidities Patient ability & motivation to self-manage Level of professional involvement required 	<p>CARE PLAN</p> <ul style="list-style-type: none"> Aims to document main concerns of survivor & health professional & agreed actions for: <ul style="list-style-type: none"> Surveillance Management Discussion Patient action Rehabilitation Clinical team follow-up, sign posting on referral 	<p>CARE COORDINATION</p> <ul style="list-style-type: none"> Places survivor & their needs at centre of healthcare & wellness interactions Facilitates communication between all health professionals Gets survivors to the right services at the right time Ensures regular review of survivorship care plan and survivor needs Ensures appropriate follow-up for cancer recurrence and late effects of treatment 	<p>TIME FACTORS</p> <ul style="list-style-type: none"> Survivors engage with services they need when they need them Survivor priorities & needs are addressed from most to least urgent Survivor time in healthcare environments is minimised to that required to maintain health & well-being Survivors have rapid access to healthcare support when required for cancer & treatment related events Resource use is minimised to the level that is effective and meaningful 	<p>TOOLS</p> <ul style="list-style-type: none"> Needs assessment tools Care plan (electronic) Directory of services Referral pathways Motivational interviewing Telehealth tools Information & support services
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Victorian policy

- **Action Areas:**
 1. Primary Prevention
 2. Screening and Early Detection
 3. Treatment
 4. **Wellbeing and Support**
 5. Research.

- **Action area 4 Priorities:**
 - Strengthen supportive care and self-management
 - Support cancer survivors to recover and thrive
 - Maintain quality of life through palliative care and end of life care

Victorian cancer plan 2016–2020

Summary



By 2040 we will

- halve the proportion of Victorians diagnosed with preventable cancers
- double the improvement in one- and five-year survival of Victorians with cancer
- ensure Victorians have the best possible experience of the cancer treatment and care system
- achieve equitable outcomes for all Victorians.

We will save 10,000 lives by 2025

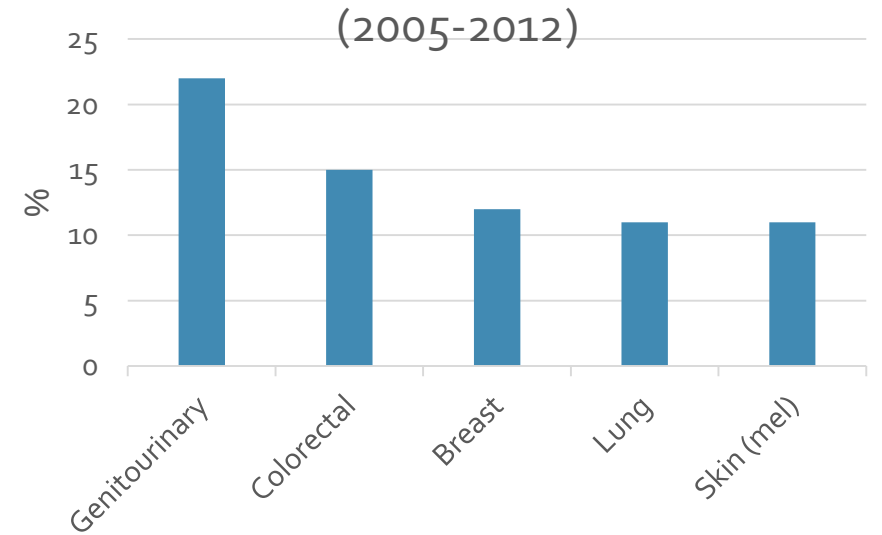
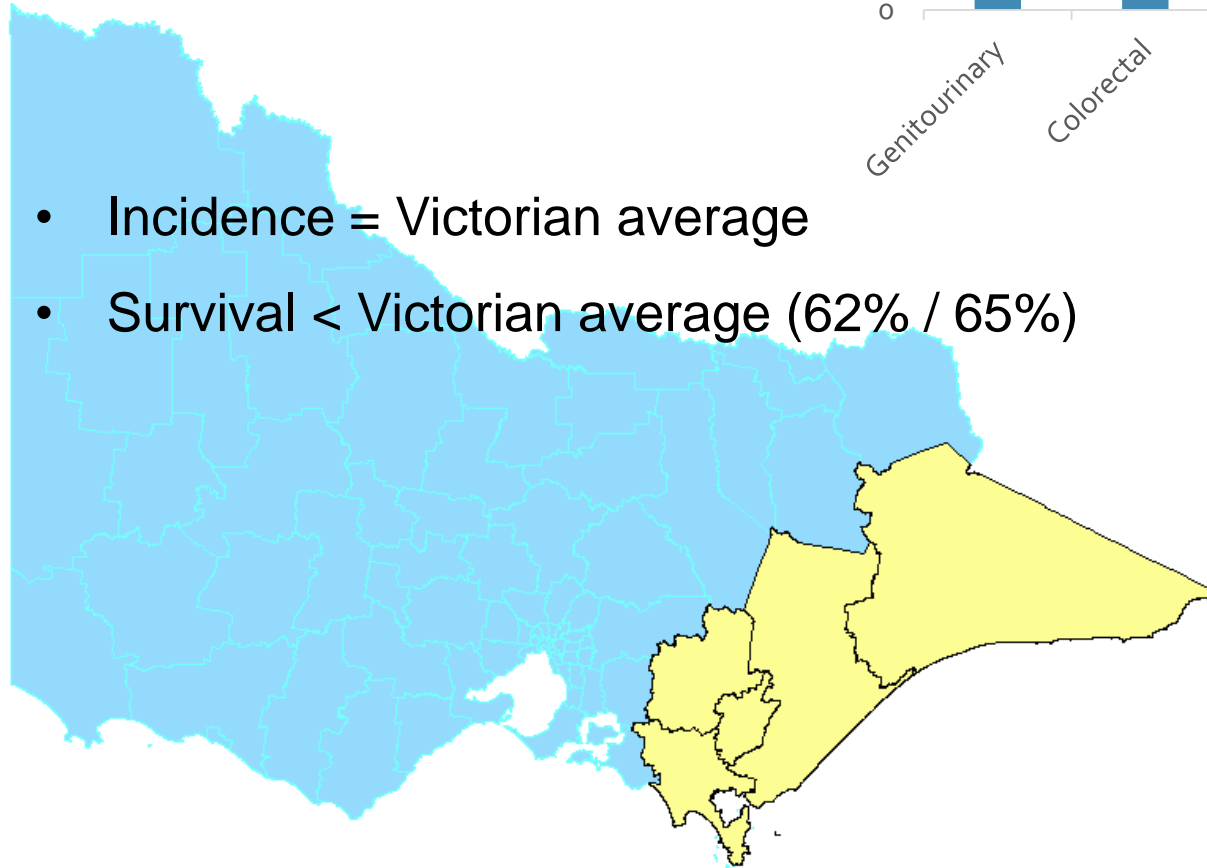


To download a copy of the Victorian cancer plan 2016–2020 go to www.health.vic.gov.au/cancer

Gippsland – Cancer Profile

270,512 population (2011)
1,377 new cases/year (2013)

- Incidence = Victorian average
- Survival < Victorian average (62% / 65%)

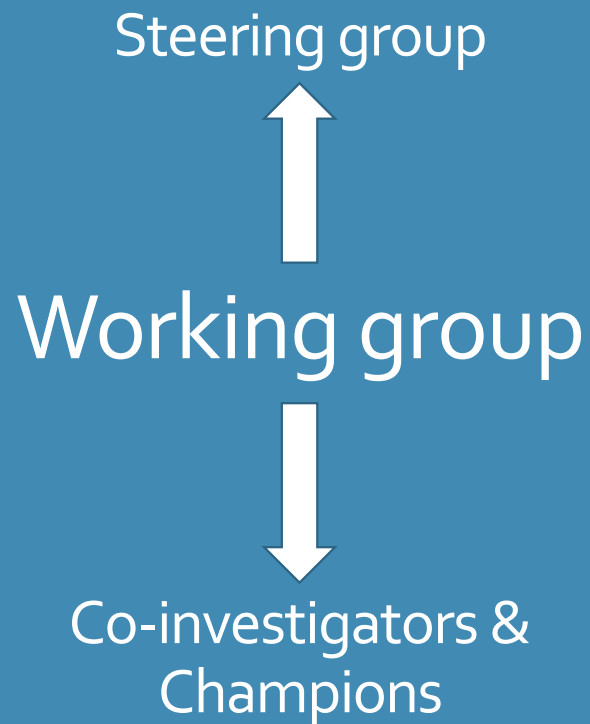


Gippsland – Risk Factors

	Gippsland %	Victoria %
Income (median/weekly)	\$605	\$749
>65 years	18	14
ATSI	1.6	0.7
Current smokers	30	19
Overweight/Obese	60	50
Asbestos-related diseases (SEC workers)		
Hazelwood mine fire		

Partners

- Latrobe Regional Hospital (fund holder)
- Gippsland Regional Integrated Cancer Services
- Monash Rural Health
- Gippsland Southern Health Service
- Bairnsdale Regional Health Service
- Gippsland Primary Health Network

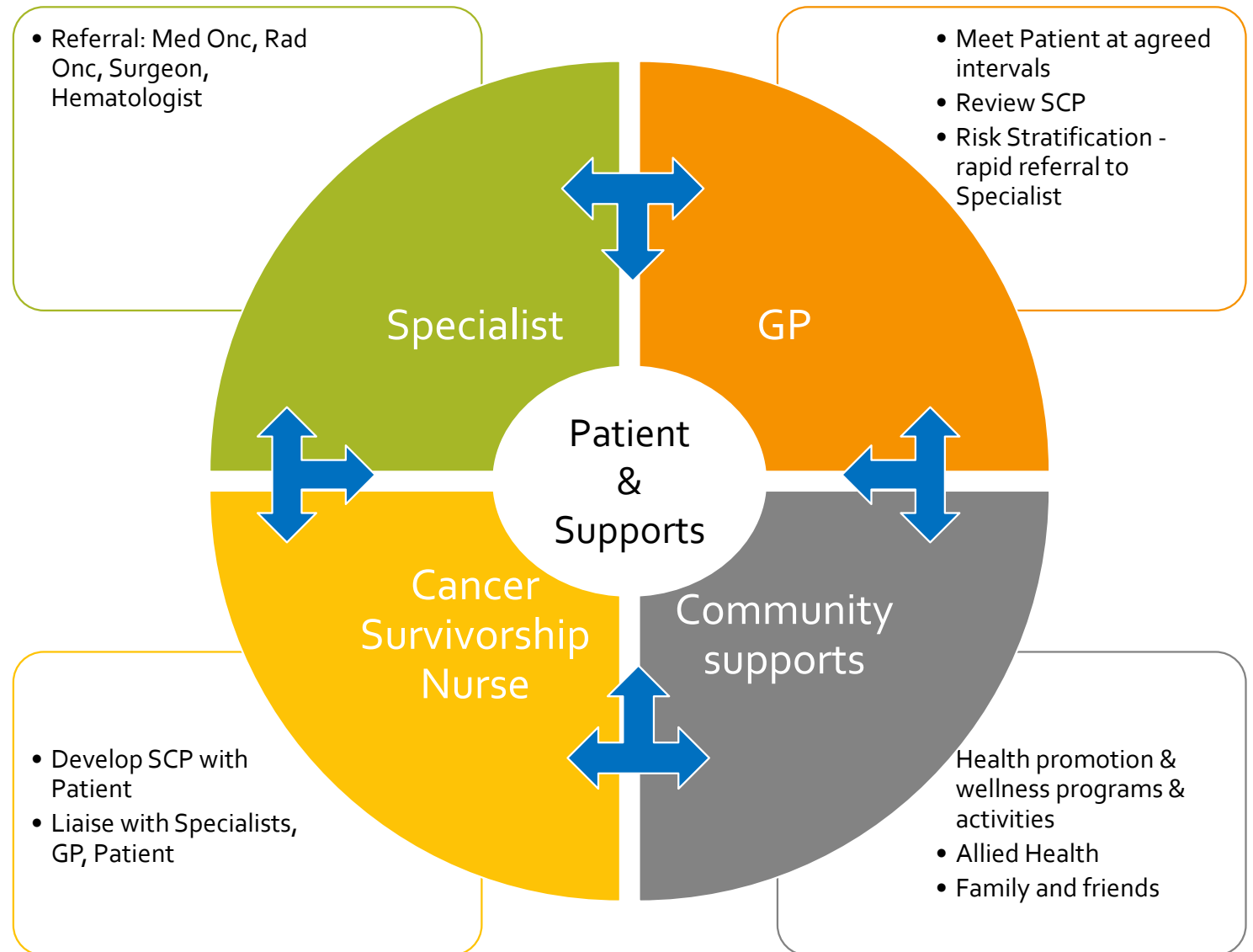


- **Mahesh Iddawela**
 - Medical Oncologist - LRH
- **Taryn Robinson & Danielle Roscoe**
 - Cancer Survivorship Nurse - LRH
- **Michelle Pryce**
 - Cancer Services Improvement Officer - GRICS
- **Jeannette Douglas**
 - HealthPathways Coordinator – Gippsland Primary Health Network
- **Matthew McGrail & Eli Ristevski**
 - Research – Monash Rural Health
- **Sharyn Thompson**
 - Indigenous Liaison Officer

Aims & Objectives

- 1. Establish a shared care survivorship program between oncology specialists and primary health care providers in Gippsland.
 - 2. Build Gippsland workforce capacity to manage survivorship care.
- Referral & communication structures, systems guidelines and protocols
 - Risk stratification pathway & surveillance schedule
 - Assessment tools/resources Survivorship Care Plans
 - Education (clinicians, patients, carers)
 - Trial and modify model
 - Acceptability & Feasibility
 - Effectiveness
 - Sustainability

Model of shared care



Participants

>18 years
Curative intent (low risk)

Cancers:

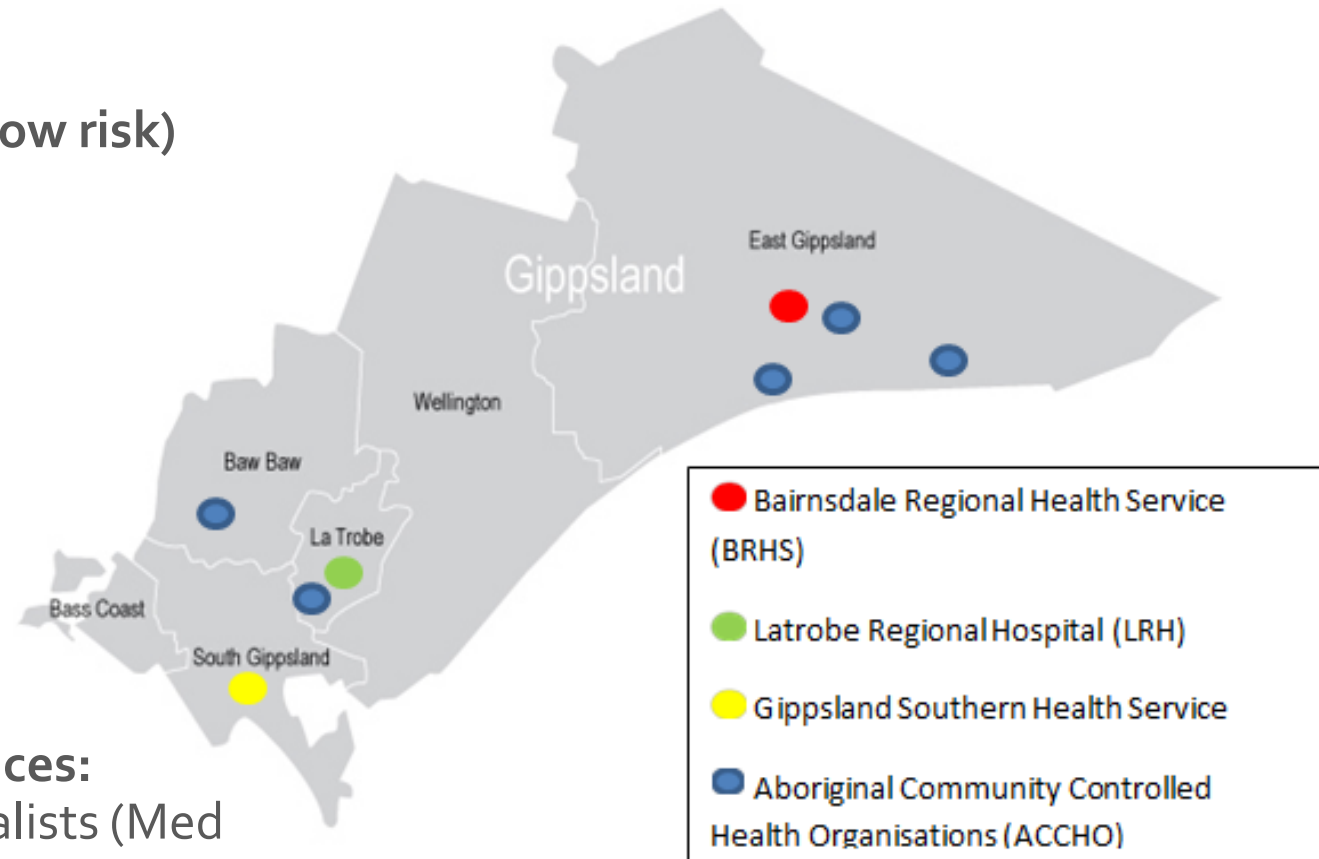
- Breast
- Prostate
- Colon
- Lymphoma

Carers:

- Self identify

Clinicians & Services:

- Oncology specialists (Med onc, Rad onc, Surgeon, Cancer nurse)
- GPs, Practice Nurses
- Health Services Managers



Implementation Process

Year 1: Development, Consultation, Piloting

- Stakeholder engagement & promotion (x3)
- Develop & review model, tools and processes (x3)
- ICT systems (x3)
- Education – clinicians & patients (x3)
- Indigenous model
- Pilot Survivorship Clinic – Traralgon
- Review model, tools processes

Year 2: Wider Implementation

- Leongatha
- Bairnsdale
- Data collection & analysis

Year 3: Review

- Data collection & analysis
- Sustainability

Sustainability

ICT systems:

Referral & communication, HealthPathways

Aboriginal Survivorship model:

Development, implementation & sustainability of the model

GRICS Survivorship portfolio to support services

GP support:

Risk pathway, surveillance, protocols, guidelines

MDS Chronic Disease management scheme

Education – online - CPD points – RACGP approved

Survivorship Nurse:

Build workforce in region

Appropriate to Aboriginal people

Billing item

Protocol & guideline review:

MDT

Any questions?



For further information please feel free to email survivorship@lrh.com.au or call 51 280062